

Clare Wongwai, M.A.

Department of Psychology, University of Illinois Chicago
1007 West Harrison St., Chicago, IL 60607 | cwong58@uic.edu
clarewongwai.wordpress.com

EDUCATION

Predoctoral Student in Clinical Psychology Expected 2030
University of Illinois Chicago, Chicago, IL

M.A., Psychology 2026

University of Illinois Chicago, Chicago, IL

Thesis: The association of age at immigration with endorsing face-valid depressive symptoms among immigrant adults in the US: Data from the National Health and Nutrition Examination Survey (NHANES) 2015 – 2018

Advisor: Loretta Hsueh, PhD

B.A., Sociology-Anthropology and Asian Studies 2022

Emphasis in Psychology

St. Olaf College, Northfield, MN

HONORS & AWARDS

Community and Applied Developmental Psychology Program Award 2026

Psychology Department, University of Illinois Chicago

- Recognizes the 2025 Midwest ECO Conference, Student Organizing Committee

Award for Departmental Engagement (\$100) 2026

Psychology Department Graduate Student Recognition Awards, University of Illinois Chicago

- This award recognizes a student who is consistently engaged and involved in departmental activities, including attendance at academic, professional, and social events and volunteering their time to support program/department initiatives

Chancellor's Student Service Award 2026

Student Leadership and Civic Engagement, 54th Annual Chancellor's Awards Ceremony

- Recognized for outstanding contribution to the University through campus and community service

Department Student Travel Award (\$800) 2025, 2026

Department of Psychology, University of Illinois Chicago

UIC Graduate Student Council Travel Award (\$550) 2025

Graduate Student Council, University of Illinois Chicago

3-Minute Thesis (3MT) Competition (\$450) 2025

The Graduate College, University of Illinois Chicago

- Achieved Semi-finalist position out of 45 competitors, advanced as a finalist, and was awarded the First Runner-up out of 10 finalists

Program Scholar 2023 - 2024

Institute for Recruitment of Teachers (IRT), Phillips Academy-Andover

Advisor: Leislle Godo-Solo, M.A., Ed.S.

- Selected alongside ~130 other students for outstanding scholarship and commitment to addressing issues of social justice, equity, and access within education

- Participated in a 10-month program and engaged in rigorous coursework, required facilitations, mock interviews, and multiple presentations by IRT alumni
- Engaged in professional and academic skill development through workshops, webinars, and one-on-one counseling

Program Scholar and Alumni

2021

MURAP Summer Research Fellowship, UNC-Chapel Hill

Advisor: Allison De Marco, Ph.D.

- Selected alongside 19 other students for outstanding scholarship and commitment to addressing issues of social justice, equity, and access within humanities and social science research
- Attended and engaged in weekly seminars covering social justice topics across social science and humanities disciplines
- Presented a seminar presentation and engaged in a presentation discussion and Q&A session with fellow cohort members, faculty, and research staff

Semester Academic Achievement Awards

2019 - 2022

St. Olaf College, Northfield, MN

- Dean's List
 - Recognized for achieving a semester GPA of 3.75 or above
 - Fall of 2019, 2020 and Spring of 2020, 2021, 2022
- Spring Honor's Day - St. Olaf College
 - Recognized for achieving a cumulative GPA of 3.60 or above
 - Spring of 2021, 2022

PUBLICATIONS

Asterisk* indicates co-first authorship.

Crawford, G., De Marco, A., Wongwai, C., Iruka, I. U., Soliday Hong, S. L., Kuhn, L., & Price, Z. (2026). Early Care and Education Professionals Talk About Talking About Race with Young Children. *International Journal of Early Childhood Education*, 32(1), 1-28.

<http://dx.doi.org/10.18023/ijece.2026.32.1.001>

Fisher, S. D., Walsh, T., & **Wongwai, C.** (2024). The importance of perinatal non-birthing parents' mental health and involvement for family health. *Seminars in Perinatology, Perinatal Mental Health: Research and Treatment in the 21st Century*, 48(6), 151950.

<https://doi.org/10.1016/j.semperi.2024.151950>

Vue, P., & **Wongwai, C.** (2023). Steps towards more introspective and anti-racist work in writing centers. *The Peer Review*, 7(3). <https://thepeerreview-iwca.org/issues/issue-7-3/introspective-and-anti-racist-work/>

IN PREPARATION

Fisher, S. D. & **Wongwai, C.** *A Protocol on Examining African-American Social Support Effectiveness Treatment for Partners Alleviating Perinatal Depression.*

Haidar, H.*, **Wongwai, C.***, Brown, H., Schauer, J., & Burnett-Zeigler, I. *Implementation of a Mindfulness-Based Intervention for Racial and Ethnic Minority Women with Depressive Symptoms in a Federally Qualified Health Center.*

ORAL PRESENTATIONS

Fisher, S. D., & **Wongwai, C.** (2024, July). *Paternal mood and involvement on maternal and child outcomes.* Oral presentation at the International Congress of Infant Studies (ICIS) in Glasgow, Scotland.

Kennedy, L., & **Wongwai, C.** (2021, March). *On the road: Working toward equity and inclusion in undergraduate classes*. Oral presentation given at the Midwest Sociological Society Annual Conference Meeting (MSS) virtually.

POSTER PRESENTATIONS

Hong, A.E., **Wongwai, C.**, Yoon, E., & Hsueh, L. (2026, April). *Association of Social Isolation with Receipt of American Diabetes Association Guideline-Recommended Care Among Older U.S. Adults with Diabetes: NHANES 2011–2018*. Poster presented at the 47th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Chicago, IL.

Crawford, G., De Marco, A., **Wongwai, C.**, Iruka, I. U., Soliday Hong, S. L., Kuhn, L., & Price, Z. (2026, April). Poster presented at the Early Care and Education Professionals Talk About Race. American Educational Research Association (AERA) 2026 Conference, April 2026, Los Angeles, CA.

Wongwai, C. & Hsueh, L. (2026, March). *Sociodemographic correlates of severe psychological distress among a multi-ethnic adult sample with prediabetes: Data from the California Health Interview Survey (CHIS) 2011-2018 and 2021-2022*. Poster presented at the 83rd Annual Meeting of the Society for Biopsychosocial Science and Medicine, Chicago, IL.

Wongwai, C., Lee, M., Zhu, L., & Hsueh, L. (2025, March). *The Association of Age at Immigration on Depression Misperception Among Immigrant Adults in the US: Data from National Health and Nutrition Examination Survey (NHANES) 2015-2018*. Poster presented at the 46th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA.

Wongwai, C. (2023, April). *What's in our picture books? Anti-racism messages in children's literature*. Poster presented at the Annual Midwestern Psychological Association Conference (MPA) for the Psi Chi program in Chicago, IL.

Wongwai, C. (2023, April). *Perceptions and portrayals: How media represents Austin, Texas's unhoused community*. Poster presented at the Annual Midwestern Psychological Association Conference (MPA) for the Psi Chi program in Chicago, IL.

Wongwai, C. (2023, April). *Are we deterring Asian Americans from getting help? Providing culturally sensitive integrative mental health care*. Presented at the Annual Midwestern Psychological Association Conference (MPA) for the Division 27/Society for Community Research and Action (SCRA) in Chicago, IL.

INVITED PANELS & TALKS

Maintaining Mental Health Upon Re-Entry After Studying Abroad 2025, 2026
UIC Asian American Resource and Cultural Center (AARCC)

- Served as a guest presenter, describing how to navigate the transition back, readjusting, and coping strategies geared toward students going to study abroad in Tokyo, Japan

IRT Alumni Panel on Applying to Graduate School Multiple Times 2025
Institute for Recruitment of Teachers (IRT) Program at Phillips Academy-Andover

- Served as a panel speaker alongside other panelists, geared toward students involved in research addressing issues of social justice, equity, and access within education
- Shared experiences and insights with graduate school applicants on the application process

Research Involvement Graduate Student Panelist 2024
Psychology Undergraduate Readiness in Research (PURR) Program at UIC

- Served as a panel speaker alongside four other panelists, catering to underrepresented students in academia

- Shared experiences and insights with undergraduate students on research involvement and opportunities

Senior Seminar Alumni Panelist

2024

Sociology-Anthropology Department at St. Olaf College, Northfield, MN

- Served as a panel speaker alongside two other panelists for two sessions tailored for undergraduate senior students majoring in Sociology and Anthropology
- Discussed experiences and advice working and applying to graduate school after undergrad

OTHER INVITED PRESENTATIONS

Wongwai, C. (2023, June). *She's missing in more ways than one: How psychology can help us understand and amplify the lack of media coverage of missing non-white women*. Presented at the 2023 Summer Undergraduate Research Education Program Conference at the University of Georgia, virtual.

Wongwai, C. (2023, April). *Adopting and adapting: A review on identity development in interracial and international East Asian adoptees*. Poster presented at the 2023 Diversifying Clinical Psychology Networking Event by the Council of University Directors of Clinical Psychology (CUDCP) virtually.

Wongwai, C. (2022, December). *Are we deterring Asian Americans from getting help? Providing culturally sensitive integrative mental health care*. Poster presented at the 2022 Institute for Public Health and Medicine (IPHAM) Population Health Forum at Northwestern University in Chicago, Illinois.

Vue, P., & **Wongwai, C.** (2022, May). *A workshop for introspective and anti-racist work in writing*. Interactive presentation given at the Diversity, Equity, and Inclusion Symposium: Recognizing Excellence, Challenges, and the Work Ahead at St. Olaf College, Northfield, MN.

Wongwai, C. (2022, April). *Navigating a fine Line: Culturally sensitive mental health care*. Capstone presentation series and paper presented in the Seminar for Asian Studies at St. Olaf College, Northfield, MN.

Miller, Z., Vue, P., & **Wongwai, C.** (2021, November). *Steps towards more introspective and anti-racist work in writing centers*. Workshop presented at the National Conference on Peer Tutoring in Writing (NCPTW) Annual Conference virtually.

Wongwai, C. (2021, July). *Our bookshelves right now: Anti-racist messages of current bestselling children's picture books*. Presentation presented at the Moore Undergraduate Research Apprentice Program Seminar at the University of North Carolina at Chapel Hill, virtual.

Abadi, M., Kennedy, L., Moran, S., & **Wongwai, C.** (2020, December). *Racial and ethnic equity and inclusion in St. Olaf College's curriculum and pedagogy*. Presentation and paper presented at the school-wide Foundations of Social Science Research summary presentation at St. Olaf College, Northfield, MN, virtual.

New, M., O'Donoghue, L., Vang, M.V., **Wongwai, C.**, Xiong, A., & Young, D. (2020, July). *Asia in Minnesota: Diversity, visibility, and intersectionality in higher education*. Website presented at the Collaborative Undergraduate Research and Inquiry Closing Symposium at St. Olaf College, Northfield, MN, virtual.

BOOK CHAPTERS

Wongwai, C. (2022). How gratitude informs tutoring: Finding comfort in the unknown. In M. Orsini & L. Kleinman (Eds.), *Student writing tutors in their own words: Global voices on writing centers and beyond*. Routledge.

MEDIA OUTREACH

Wongwai, C. (2021, September). *Raising anti-racist children: Picture books that help* [Blog post].
<https://jordaninstituteoffamilies.org/2021/raising-anti-racist-children-picture-books-that-help/>

RESEARCH EXPERIENCE

Graduate Research Assistant

2024 - Present

University of Illinois Chicago

PI: Loretta Hsueh, Ph.D.

[Health Services to Advance Equity and Diabetes Lab](#)

General Responsibilities

- Attend and regularly lead lab meetings to facilitate professional development
- Organize and fulfill lab management tasks, including updating the lab handbook and website
- Assisting in health service research project tasks with collaborators

Project Title: *Developing a Mandarin language translation and cultural adaptation of the Diabetes Stigma Assessment Scale (MDSAS-2)*

- Developing the first psychometrically validated Simplified Chinese version of the DSAS-2 to address diabetes-related stigma among Mandarin-speaking adults with Type 2 Diabetes (T2D)
- Recruit and conduct cognitive interviews with key informants for the translation and cultural adaptation of the DSAS-2

Research Study Assistant

2023 - 2024

Northwestern University, Feinberg School of Medicine

PI: Judith Moskowitz, Ph.D., Positive Psychology and Health Investigations Group

Project Title: *Fostering Optimal Regulation of Emotion to prevent Secondary Trauma (FOREST)*

- Assisted community violence intervention workers at 3 clinical community sites in Chicago during monthly skill sessions with logistical, regulatory, and facilitation duties
- Conducted surveys, interviews, and focus groups with ~15 selected staff to determine the reach, effectiveness, implementation, and sustainability of the program

PI: Elizabeth Addington, Ph.D.

Project Title: *Optimizing Affect during Ketamine infusions for depression (OAK)*

- Facilitated semi-structured interviews with clinicians and adults receiving ketamine infusions for treatment-refractory depression
- Incorporated feedback from clinicians and patients to maximize the feasibility and acceptability of a non-pharmacologic integrative health intervention

In collaboration with Cultivate Collective and the Academy for Global Citizenship

Project Title: *Cultivate Collective: Implementation of a Community Teaching Kitchen*

- Reviewed literature to inform the evaluation of community-based teaching kitchen curriculum
- Created pre- and post-surveys to assess outcomes of participating in a teaching kitchen training

Clinical Research Coordinator

2022 - 2024

Northwestern University, Feinberg School of Medicine

Co-PI: Sheehan Fisher, Ph.D., Emily Miller, M.D., Katherine Wisner, Ph.D.

Project Title: *Prevention of Perinatal Depression in Birthing People with a History of Adverse Childhood Experiences: A Type 2 Effectiveness Implementation Trial (PPD-ACE)*

- Recruited, enrolled, and randomized participants with databases, REDCap and Epic (EHR)
- Retrieved, cleaned, and organized participant data and questionnaires on electronic medical records
- Assisted in administrative duties, including data submissions and IRB revisions
- Led team meetings with collaborators in obstetrics, psychology, psychiatry, and biostatistics
- Designed, coordinated, and assisted in leading a five-session group therapy intervention to reduce maternal distress through psychoeducation, valued living, distress tolerance and acceptance, mindfulness, and behavioral planning

Project Title: African-American Social Support Effectiveness Treatment- Partners Alleviating Perinatal Depression (ASSET-PPD)

PI: Sheehan Fisher, Ph.D.

- Liaised with participants from recruitment through study completion
- Constructed and revised survey instruments on REDCap
- Directed IRB administration and updates throughout the study
- Facilitated parent-infant interaction sessions, among mothers, fathers, and infants, that will be coded for facial expressions during playtime

Project Title: Coping with Severe Nausea and Vomiting in Pregnancy (SNVP)

Co-PI: Sheehan Fisher, Ph.D., Katherine Wisner, Ph.D.

- Reviewed existing literature on the impact of SNVP/hyperemesis gravidarum on the psychological well-being of birthing parents
- Assisted in the preparation of the introduction, background, study design, and measures sections of this grant application, which was successfully awarded Northwestern Medicine Prentice Women's Hospital's 2024 Friends of Prentice Grant (\$43,771)

Research Study Assistant

2022 - 2024

Northwestern University, Feinberg School of Medicine

PI: Inger Burnett-Zeigler, Ph.D., Mind-Body Lab

Project Title: Effectiveness and Implementation of a Mindfulness Intervention for Depressive Symptoms Among Low-income, Racial/Ethnic Minority Adults in a Federally Qualified Health Center

- Trained and managed new lab members regarding cleaning and checking data, screening, and contacting participants
- Assessed participants for depressive symptoms and suicide ideation using the *Patient Health Questionnaire-9* (PHQ-9)
- Served as the Teaching Assistant (TA) for 8-week Mindfulness-Based Stress Reduction classes, guiding and encouraging participants to engage in class material
- Corresponded and communicated with community partnerships, including co-investigators and 8 Federally Qualified Health Centers (FQHC)
- Facilitated interviews with community partners to inform implementation strategies
- Assisted in writing manuscripts and grants by conducting literature reviews and compiling data
- Coded video-recorded sessions of an adapted mindfulness-based stress reduction intervention
- Planned and led regular meetings for the lab members and data analysis team

Moore Undergraduate Research Apprentice Program (MURAP) Scholar

2021

University of North Carolina at Chapel Hill

Advisor: Allison De Marco, Ph.D.

Project Title: Our Bookshelves Right Now: Anti-racist Messages of Current Bestselling Children's Picture Books

- Designed a research project and finalized a paper concerning the prevalence and quality of anti-racist themes and representation in children's books
- Presented a seminar presentation and engaged in a presentation discussion and Q&A session with fellow cohort members, faculty, and research staff
- Finalized a blog post summarizing my project's main findings and recommendations

Foundations of Social Science Research: Quantitative Methods

2020

St. Olaf College, Northfield, MN

Advisor: Ryan Sheppard, Ph.D.

Project Title: Racial and Ethnic Equity and Inclusion in St. Olaf College's Curriculum and Pedagogy

- Conducted focus groups, surveys, and SPSS analyses to assess students' experiences with racial/ethnic equity and inclusion in classes, pedagogy, and curriculum

- Presented campus-wide survey findings and our recommendations for faculty and leadership
- Finalized a paper that was showcased in the Board of Regents Committee's DEI resource folder

Collaborative Undergraduate Research and Inquiry (CURI) Scholar

2020

St. Olaf College, Northfield, MN

Advisor: Ka Wong, Ph.D.

Project Title: *Asia in Minnesota: Diversity, Visibility, and Intersectionality in Higher Education*

- Conducted and transcribed semi-structured interviews with students, parents, and professionals in higher education to highlight Asian Americans in higher education
- Reviewed and synthesized literature surrounding Asian American history and the commonalities and distinctions between Asian American experiences
- Finalized and presented a website and documentary trailer that highlighted Asian American history, transcribed interviews, and resources at the CURI Closing Symposium

CLINICAL EXPERIENCE

Graduate Clinician

2024 - Present

Practicum in Psychotherapy and Psychological Assessment, Office of Applied Psychological Services (OAPS), University of Illinois Chicago

Supervisors: Jenna Rowen Szerszen, Ph.D., Jasmin Searcy Pate, Ph.D., Kathryn Lawton, Ph.D., Briahna Yuodsnukis, Ph.D.

- Conduct semi-structured diagnostic intake interviews with new clients at a community clinic that serves a diverse population, assessing their needs and concerns, while supervising and mentoring junior students in their clinical training
- Administer comprehensive psychological assessment for adults, including conducting semi-structured diagnostic intake interviews, obtaining collateral information from clients' informants (e.g., family, friends medical providers), selecting and administering batteries of neuropsychological and psychodiagnostic tests and measures, interpreting and integrating results into case conceptualizations, writing psychological assessment reports, and communicating findings and diagnoses to clients
- Conduct weekly individual psychotherapy for a caseload of 4 outpatient clients, utilizing empirically supported interventions including Acceptance and Commitment Therapy (ACT), Cognitive Behavioral Therapy (CBT), Cognitive Processing Therapy (CPT), Dialectical Behavior Therapy (DBT), Exposure and Response Prevention (ERP), and the Unified Protocol (UP), and providing evidence-based psychoeducation
- Engage in pre- and post-intake supervision sessions to enhance clinical skills, receive constructive feedback, and ensure high-quality client care throughout the assessment process
- Write detailed psychological reports based on testing results and client interactions, presenting findings and treatment recommendations during weekly clinical didactics and group supervision to foster peer learning and professional development

Graduate-Level Therapist/Coach

2024 - Present

Students Understanding College Choices Encouraging and Executing Decisions for Success (SUCCEEDS), University of Illinois Chicago

Supervisors: Michael Meinzer, Ph.D.

- Lead structured weekly group sessions aimed to support students achieve academic and personal success through evidence-based components (e.g., providing organization skills training, time management, and counseling for stress or mood difficulties and substance use)
- Conduct semi-structured interviews with focus groups for program feedback
- Attend and contribute to weekly supervision

TEACHING & MENTORSHIP

Teaching Assistant

2024 - Present

University of Illinois Chicago, Department of Psychology

- Fall 2024-Spring 2025: Introduction to Psychology (Daniel Cervone, PhD)
- Spring 2025: Psychological Interventions (Lauren Smith, PhD)
- Summer 2025: Cultural Psychology (Loretta Hsueh, PhD)
- Fall 2025-Spring 2026: Field Work in Applied Psychology (Julia Kim-Cohen, PhD; Christopher Baker, PhD)
- Fall 2025-Spring 2026: Colloquium on the Teaching of Psychology (Eric Leshikar, PhD)
 - Led four weekly discussion sections each semester with approximately 80 students
 - Graded papers and managed grade entry and attendance in Blackboard
 - Led teaching workshops and met 1:1 with students, providing feedback on presentations and literature reviews
 - Participated in a weekly adjunct teaching assistant seminar and a monthly support group
 - Held weekly office hours to provide additional student support

Writing Center Lead Tutor

2019 - 2022

Supervisor: Bridget Draxler, Ph.D.

Center for Advising and Academic Support, St. Olaf College, Northfield, MN

- Facilitated and tailored over 215 one-on-one sessions to address higher-order concerns
- Served as a nominated *Lead Tutor*, led tutor training, and managed 40 tutors
- Conducted interviews and assisted in the annual hiring process of new tutors

Academics and Resources Peer Coach, Fall Semester

2020

Center for Advising and Academic Support, St. Olaf College, Northfield, MN

Supervisor: Tara Hupton, M.A.

- Facilitated individual advising sessions and weekly group meetings with 9 first-year students from diverse backgrounds
- Coordinated with fellow peer leaders to plan weekly activities and discussions designed to improve each student's acclimation and success

SERVICE

DISCIPLINE:

Communications Chair

2026 - Present

Diabetes Special Interest Group (SIG), Society of Behavioral Medicine (SBM)

- Lead communications for the Diabetes SIG, managing newsletter content, a member listserv, and coordinating announcements across social media platforms
- Soliciting and editing member- and public-facing content, including contributions to the Healthy Living platform
- Serving as primary liaison for open leadership meetings, distributing scheduling communications to the broader SIG members

Project SHORT Mentor

2024 - Present

Students for Higher Education Opportunities and Representation in Training, nonprofit

- Mentor underrepresented undergraduate students through the graduate application process
- Aid in creating educational materials and leading workshops

Ad Hoc Abstract Reviewer

2024, 2025

Society of Behavioral Medicine (SBM)

- Review panel, paper talk, and poster submissions to the SBM annual meeting
- Collaboratively discuss the evaluation of abstracts with other reviewers under the supervision of Dr. Loretta Hsueh

Campus Student Representative

2024 - 2025

American Psychological Association, Division 38: Society for Health Psychology

- Serve as liaisons between SfHP's Student Advisory Council and the UIC graduate program
- Host sponsored events that promote health psychology among university communities

Journal Club Facilitator

2025

Society of Pediatric Psychology, Gender Health SIG

- Presented on an article discussing gender through the eyes of children, utilizing photovoice
- Facilitated a discussion with clinical psychologists on strategies for supporting gender-expansive children and integrating intersectional approaches/methodologies

DEPARTMENT:

Committee on Graduate Studies (COGS) Student Representative

2025 - Present

University of Illinois Chicago

- Represented psychology graduate students to the university, serving as a liaison between students and faculty to address concerns, gather feedback, and implement changes within the department
- Attended monthly Graduate Student Council meetings, collaborated with faculty and graduate students, and contributed to department initiatives, including designing and summarizing surveys for the graduate student body
- Led orientation tours, met with prospective students, spoke in panels, and facilitated communication between students and the COGS committee to promote a supportive and informed graduate experience

ECO Conference Student Committee Member

2025

Ecological Community Psychology (ECO) Conference, Society for Community Research and Action (SCRA, APA Division 27)

- Collaborate with students, faculty, and stakeholders to plan the annual regional conference where multidisciplinary community researchers gather to address issues surrounding justice, belonging, diversity, equity, and inclusion
- Member of the communications/media management and outreach/marketing subcommittees

Psychology Undergraduate Research Readiness (PURR) Mentor

2024

University of Illinois Chicago, Department of Psychology

Supervisor: Josefina Bañales, Ph.D., Christine Coughlin, Ph.D.

- Mentored underrepresented undergraduate students in refining their research, communication, academic professionalism, and teamwork skills
- Hosted workshops that provide undergraduates with professional development information to prepare them to apply for research labs, graduate education, and post-graduate opportunities
- Organized interactive activities, guest speakers, and information sessions

Coordinator and Presenter of Anti-racism Tutor Workshops

2020 - 2022

Diversity, Equity, and Inclusion Symposium, St. Olaf College, Northfield, MN

Advisor: Bridget Draxler, Ph.D.

- Created and led research teams with fellow tutors, presented workshops and conference presentations, and submitted a publication on anti-racism tutoring praxis
- Co-facilitated a series of introspective exercises for educators regarding inclusivity and anti-racist practices in classrooms for linguistically diverse students
- Led a collaborative project with the International & Off-Campus Studies department that aims to increase cultural sensitivity for students studying abroad

Chinese House President and Official Language Coordinator

2020 - 2022

St. Olaf College, Northfield, MN

- Organized monthly Chinese House and Program Events for cultural education and engagement as the nominated president

- Arranged and facilitated weekly Chinese Conversation Tables for Chinese language students to practice conversational Mandarin

Executive Member of Asian American Student Union

2018 - 2022

St. Olaf College, Northfield, MN

- Educated others about national and global issues concerning the Asian American and Pacific Islander (AAPI) communities
- Planned and led weekly meetings and monthly campus events to fundraise and spread awareness around current events, including the annual Lunar New Year campus-wide event
- Served as the *First-Year Representative* (2018-2019), *Secretary* (2020-2021), and *Co-Chair* (2021-2022)

Executive Organizer of AAPI Visibility Week

2021

Asian American and Pacific Islander Visibility Week Event, St. Olaf College, Northfield, MN

- Orchestrated a hallway display and series of panels to highlight various cultures and histories of AAPI communities in collaboration with 8 cultural campus organizations
- Facilitated daily community events aimed to provide spaces for processing and coping
- Performed and volunteered at the AAPI Cultural Showcase

Refugee Resettlement Education & Employment Intern

2020 - 2021

Catholic Charities Southwestern Ohio

Advisor: Rachel Burgess, Case Management Supervisor

Project Title: *Needs Assessment Report*

- Assessed the career and financial needs of resettled refugees in the U.S. by designing surveys and directly interviewing clients
- Conducted program evaluation for resettlement program service effectiveness
- Produced and presented a report on how refugees fare post-arrival, identifying successes and areas for improvement to interlocutors

COMMUNITY:

Inclusive Arts Program Volunteer

2026 - Present

Alebrije Art Club, Pilsen Arts Community House (PACH), Chicago, IL

- Volunteered with a bi-weekly inclusive arts program serving children with diverse abilities
- Provided one-on-one, individualized support to participants during creative activities, fostering engagement, confidence, and self-expression
- Collaborated with staff and fellow volunteers to create an accessible, supportive, and welcoming environment for all children

Food Pantry Volunteer

2015 - 2019

St. Andrew's Food Pantry Austin, TX

- Facilitated weekly setup and distribution of grocery and school items for community members
- Translated for deaf clients using American Sign Language (ASL)
- Assisted immigrants at the *Sacred Heart's Valley Humanitarian Respite Center* (McAllen, TX) by helping connect them with resources for basic needs and supports

RESEARCH & CLINICAL SKILLS

- **Software:** Qualtrics, REDCap, R, SPSS, Wolfram Mathematica
- **Reference Management:** EndNote, Zotero
- **Graphic Design:** Adobe InDesign, Adobe Photoshop, WordPress

Assessments administered:

- **Cognitive & Academic:** *Advanced Clinical Solutions for WAIS/WMS* (ACS; Affect Naming, Prosody-Face, Prosody-Pair Matching), *Beery-Buktenica Developmental Test of Visual-Motor*

Integration (Beery VMI-6), California Verbal Learning Test (CVLT-3), California Verbal Learning Test Children (CVLT-C), Conners Continuous Auditory Test of Attention (CATA), Conners Continuous Performance Test (CPT-3), Delis-Kaplan Executive Function System (D-KEFS; Trail Making, Verbal Fluency, Design Fluency, Color-Word Interference, Proverbs subtests), Wechsler Adult Intelligence Scale (WAIS-5), Wechsler Intelligence Scale for Children (WISC-IV), Wide Range Assessment of Memory and Learning, Third Edition (WRAML-3), Woodcock-Johnson (WJ-IV ACH), Woodcock-Johnson (WJ-V ACH)

- **Personality:** *Millon Clinical Multiaxial Inventory-IV (MCMI-IV), Minnesota Multiphasic Personality Inventory (MMPI-3), Personality Assessment Inventory (PAI), Personality Inventory for DSM-5 - Adaptive (PID-5-A)*
- **Structured Diagnostic Interviews:** *Anxiety and Related Disorders Interview Schedule for DSM-5 (ADIS-5; Panic Disorder, Social Anxiety Disorder, General Anxiety Disorder, Major Depressive Disorder), Autism Diagnostic Interview Revised (ADI-R), Diagnostic Interview for Anxiety, Mood, and OCD and Related Neuropsychiatric Disorders (DIAMOND; PTSD, Brief Checklist), Longitudinal Interval Follow-up Evaluation (LIFE), Mini-International Neuropsychiatric Interview (MINI), Structured Clinical Interview for DSM-5 Disorders-Clinician Version (SCID-5-CV; Attention Deficit/Hyperactivity Disorder)*
- **Rating Scales & Measures:** *Abbreviated Monteiro Interview Guidelines for Diagnosing the Autism Spectrum (MIGDAS-2), Adaptive Behavior Assessment System, Third Edition (ABAS-3), Adverse Childhood Experiences (ACES), Approaches and Study Skills Inventory For Students (ASSIST), Autism Spectrum Quotient (AQ), Barkley Adult ADHD Rating Scale-IV (BAARS-IV; Childhood, Current), Beck Anxiety Inventory (BAI), Beck Depression Inventory (BDI-2), Behavior Assessment System for Children, Third Edition (BASC-3), Behavior Rating Inventory of Executive Function, Second Edition (BRIEF-2), Behavior Rating Inventory of Executive Function- Adult Version (BRIEF-2A), Camouflaging Autistic Traits Questionnaire (CAT-Q), Dot Counting Test (DCT), Executive Skills Questionnaire (ESQ-R), Learning and Study Strategies Inventory, Second Edition (LASSI-2), Pediatric ACEs and Related Life Events Screener (PEARLS), PTSD Checklist for DSM-5 (PCL-5), Ritvo Autism Asperger Diagnostic Scale – Revised (RAADS-R), Social Responsiveness Scale (SRS-2), Test of Memory and Malingering (TOMM)*
- **Training:** Verbal De-Escalation Techniques from the City of Round Rock
- **Languages:** Conversational fluency in American Sign Language and Korean, beginner fluency in Mandarin Chinese

PROFESSIONAL AFFILIATIONS

- | | |
|---|----------------|
| ● American Psychological Association (APA) | |
| ○ Division 38: The Society for Health Psychology (SfHP) | 2024 - Present |
| ○ Division 27: Society for Community Research and Action (SCRA) | 2026 - Present |
| ● Society of Behavioral Medicine (SBM) | 2024 - Present |