

Viviana Uribe

UIC Department of Psychiatry
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EDUCATION

University of Illinois at Chicago
PhD Student in Clinical Psychology

Chicago, IL
August 2023-Expected 2029

University of Illinois at Chicago
B.A. in Psychology, Magna Cum Laude and with College Honors
Minors: Latin American and Latino Studies; Gender and Women's Studies
GPA: 3.87

Chicago, IL
May 2019

Harold Washington College
Associates of Arts: Psychology
GPA: 3.92

Chicago, IL
May 2017

RESEARCH INTERESTS

My research interests focus on increasing access to mental health care in Latinx communities. Specifically, my research interests include (a) community partnered work to infuse mental health (b) innovative solutions to increasing access such as patient navigation (c) understanding cultural factors to improve mental health service engagement.

HONORS & AWARDS

Psychology Diversity Research Award
June 2024 – August 2028

Post-baccalaureate Fellow, UIC Department of Psychology Research and Teaching Fellowship
Fall 2019 – May 2021

Capstone Honors Thesis, “Barriers Undocumented Women face when seeking Mental Healthcare”
May 2019

Dean’s List awarded
Fall 2016, Fall 2017, Spring 2018, Fall 2018, Spring 2019

Presidential Scholar awarded
Fall 2015, Spring 2016, Spring 2017

Honors College Scholarship for Study Abroad
Spring 2018

Phi Theta Kappa membership
Spring 2016

Chicago STAR Scholarship
Fall 2015-Spring 2019

PUBLICATIONS

Gustafson, E. L., Lakind, D., Moses, J. O., Pimentel, E., **Uribe, V.**, Sanchez-Johnsen, & Westrick. (**in preparation**). Community Health Worker-Delivered Mental Health Interventions for Latinx Populations in the U.S.: A Systematic Literature Review

SYMPOSIA

Gustafson, E.L., Moses, J., Pimentel, E., **Uribe, V.** Lakind, D., & Westrick, J. (June, 2023). Informing the Development of Community Health Worker Mental Health Models for Latinx Communities in the U.S. In Gustafson, E.L. (chair), *Developing Contextually Responsive Mental Health Service Models: The Data We Use to Meet Community's Needs*. Symposium presented at the Society for Community Research and Action Conference, Atlanta, GA.

CONFERENCE PRESENTATIONS

Uribe, V., Diaz, V., Lee, M., Hsueh, L. Is WIC Enrollment Associated with Mental Health Care Engagement?: Data from NHANES 2007-2011. Accepted to consideration to the 45th Annual Society of Behavioral Medicine 2024, Philadelphia, PA.

Lee, M., **Uribe, V.**, Hsueh, L. Association of nativity and mental health treatment use in Asian Americans: Data from the National Health and Nutritional Survey. Accepted to the 45th Annual Society of Behavioral Medicine 2024, Philadelphia, PA.

Uribe, V., Moses, J., Perez, L., Tran, M., Rusch, D., Rudd, B., Atkins, M., & Mehta, T. (2023). Personal and Professional Experiences Among Chicago Navigators Serving Minoritized Families. Abstract submitted for 95th Annual Midwestern Psychological Association 2023, Chicago, IL.

Uribe, V., Moses, J., Perez, L., Tran, M., Rusch, D., Rudd, B., Atkins, M., & Mehta, T. (2022). Preliminary Characterization of Peer Navigators serving Black and Latinx Youth and Families in Social Services. Poster presented at the University of Illinois at Chicago Department of Psychiatry 13th Annual Research Forum "Extravaganza" 2022, Chicago, IL.

Bing-Canar, H., Ghalyoun, H., **Uribe, V.**, & Berenz, E. C. (2021). Influence of childhood trauma on trauma and alcohol cue reactivity. Abstract submitted for poster presentation at the 44th annual meeting of the Research Society on Alcoholism, San Antonio, TX.

Ghalyoun, H., Paltell, K., Cox, C., **Uribe, V.**, Gonzalez, S., Job, G., & Berenz, E. (April 2021). Racial and Ethnic Differences in Interpersonal Trauma Exposure Among Young Adults. Abstract submitted for poster presentation at the University of Illinois at Chicago 2021 Impact and Research Day, Chicago, IL.

Job, G., Bing-Canar, H., **Uribe, V.**, Ghalyoun, H., & E. Berenz (November 2020). Examination of Posttraumatic Stress Disorder Symptoms and Family History of Alcohol Use Disorders on Behavioral Impulsivity in Trauma-Exposed Young Adult Drinkers. Poster presented at the 36th annual meeting of the International Society for Traumatic Stress Studies, Atlanta, Georgia.

Uribe, V., Job, G. Paltell, K., & Berenz E. (June 2020). Racial differences in coping motives for alcohol among trauma-exposed young adults. Poster presented at the 2020 Research Society on Alcoholism, New Orleans, LA.

Job, G., **Uribe, V.**, Bing-Canar, H., Edalatian Zakeri, S., & E. Berenz (June 2019). Frequency of high intensity binge drinking during emerging adulthood varies as a function of race and gender. Poster presented at the 2020 Research Society on Alcoholism, New Orleans, LA

Uribe, V., Hill, T., Hassan, M., & Martinez, V. (August 2019). Can a community-based approach with an emphasis on community health workers help reduce rates of pancreatic cancer in African Americans with Type II diabetes. Poster presented at the Chicago Cancer Health Equity Collaborative graduation, Chicago, IL.

Uribe, V. & Rusch, D. (April 2019). Barriers Undocumented Women face when seeking Mental Healthcare. Poster presented at the University of Illinois at Chicago 2019 Impact and Research Day, Chicago, IL.

Research Experience

University of Illinois at Chicago: Department of Psychiatry

Chicago, IL

*Research Associate | Advancing Community Capacity to Empower Service Systems for Mental Health Lab
September 2021-2023*

Supervisor: Tara Mehta, Ph.D., Marc Atkins, Ph.D., and Dana Rusch, Ph.D.

- Partner with three community mental health agencies supervisors, staff, and caregivers for study investigating patient navigators serving Latinx and Black youth (ages 5-12) and caregivers.
- Provide consultation for study with agency supervisors.
- Facilitate navigation training with paraprofessionals, case managers, and Systemic Evaluation, Enhancement Institutional Training (SEE-IT) interns.
- Lead in recruitment and consenting caregivers and navigators.
- Supervise research assistants in creating materials for navigator training, assisting with redcap, and recruitment calls to caregivers.
- Co-facilitate and attend lab meetings focused on administrative tasks and methods of the study and recruitment.
- Assist with Spanish translations.
- Recruitment calling caregivers.
- Assist with development of IRB documents (recruitment flyers, consent forms, IRB continuing review, and modifications).
- Developed surveys in English and Spanish using REDCap Data collection system.
- Data collection: assisting navigators and caregivers complete measures via REDCap or on paper.
- Facilitating participant payment for completing baseline measures.
- Completed employee reimbursement.
- Completed purchase order forms.
- Developed navigator resource website.
- Assisted in writing a Data Safety and Monitoring Report for a Data Safety and Monitoring Board (DSMB) and attended the DSMB meetings.
- Assisted in writing a Research Performance Progress Report for the NIMH.
- Assisted in development and coordination of study's Public Policy Board Meeting inviting representatives from collaborating social service agencies, representatives from the Chicago Public Health department (local policy experts), and state and federal policy experts. The meeting consisted of presentations on local Chicago, state, and federal policies relevant to children's navigation services and discussions. Presented on local policies and assisted on developing the public policy summary.

University of Illinois at Chicago: Department of Psychology

Chicago, IL

Post-baccalaureate Fellow | The Chicago Alcohol and Trauma Lab

August 2019-May 2021

Supervisor: Dr. Erin Berenz

- Responsibilities included maintaining all protocols and data associated with this study
- Recruited, and screened participants at an inpatient substance abuse clinic called Gateway Foundation for study on exposure therapy in individuals with Alcohol Use Disorder, Post Traumatic Stress Disorder, and Anxiety Sensitivity. The study population included a diverse group of adults seeking substance use treatment at a clinic.
- Screened individuals by administering Posttraumatic Stress Disorder Checklist (PCL), Anxiety Sensitivity Index (ASI), and the Alcohol Use Disorder Identification Test (AUDIT).

Volunteer / Addiction Research and Treatment Lab

November 2019-May 2021

Supervisor: Dr. Margaret Wardle, Dr. Erin Berenz

- Responsibilities included phone screening participants interested in current cocaine use disorder treatment study.
- Data entry of the prior participants substance use, dates of sessions, and other information in access.
- Scoring Electromyography (EMG) files using Acqknowledge software.
- Completed an IRB amendment for advertisement flyer

Chicago CHEC Research Fellows Program

Chicago, IL

Senior Fellow / Chicago Cancer Health Equity Collaborative

Summer 2020

Supervisor: Dr. Melissa Simon, Dr. Joe Feinglass, Dr. Marian Fitzgibbon, Dr. Rob Winn, Dr. Christina Ciecierski, & Dr. Lidia Filus

- Providing research fellows guidance on their group research projects revolving cancer health disparities in Chicago.
- Presented guest speakers from research, healthcare, academic, and community organizing backgrounds.
- Administrative duties such as taking attendance and creating break out rooms on zoom.

Research Fellow / Chicago Cancer Health Equity Collaborative

Summer 2019

Supervisor: Dr. Melissa Simon, Dr. Joe Feinglass, Dr. Marian Fitzgibbon, Dr. Rob Winn, Dr. Christina Ciecierski, & Dr. Lidia Filus

- Performed literature reviews.
- Created a group research project proposal revolving African Americans with Type II diabetes and screening for pancreatic cancer health in Chicago.
- Site visits to community and health centers.
- Net worked with professionals within different health related fields.
- Attended presentations discussing health related research.

TEACHING EXPERIENCE

University of Illinois at Chicago

Chicago, IL

Teaching Assistant

August 2019 – May 2020

Fall 2019 Semester

- Teaching assistant for Introduction to Psychology. Led two discussion sections with 20 students in each section. Proctored exams, graded papers, attended a weekly graduate student teaching assistant seminar to assist with the course, entered grades, and attendance to blackboard. Offered office hours to students.
- Teaching assistant for Abnormal Psychology. Proctored exams, graded papers. Entered grades onto blackboard and offered office hours to students.

Spring 2020 Semester

- Introduction to Research Methods. Led two discussion sections with 20 students in each section. Submitted attendance and grades on blackboard. Offered office hours.
- Statistics in Psychology. Led one discussion section. Created materials for discussion section. Offered office hours. Submitted grades and attendance on blackboard.

Fall 2020 Semester

- Statistics in Psychology. Graded exams and assignments. Entered grades and attendance for 27 students on Blackboard. Offered office hours.
- Introduction to Psychology. Graded assignments and exams. Entered grades and attendance on Blackboard.

Spring 2021

- Statistics in Psychology. Graded exams and assignments. Offered office hours. Entered grades and attendance on Blackboard. Lead two discussion sections.
- Introduction to Psychology. Graded assignments, exams. Entered grades and attendance on Blackboard.

Fall 2023 Semester

- Teaching assistant for Introduction to Psychology. Led four discussion sections with 19 students in each section. Graded papers, attended a weekly graduate student teaching assistant seminar to assist with the course, entered grades, and attendance to blackboard. Offered office hours to students.

Professional Affiliations

- National Latinx Psychological Association 2023-present
- Society of Behavioral Medicine 2023-present
- American Psychological Association 2023-present

Workshops

- Assisted in creating materials and leading trainings for patient navigators (paraprofessionals and social workers) on engagement with clients.

SERVICE ACTIVITIES

Chicago Cancer Health Equity Collaborative Community Forum

Volunteer

Chicago, IL
September 2020

- Monitoring the Youtube live chat box for questions addressed at the presenters.

TECHNICAL SKILLS

R, Research Electronic Data Capture (REDCap), Acqknowledge Data Acquisition and Analysis Software, Covidence, SPSS.

LANGUAGE SKILLS

Spanish (native; reading, writing, and speaking)

REFERENCES

Tara Mehta, PhD in Clinical Psychology

Associate Professor, Psychiatry Department

University of Illinois at Chicago

Office Phone Number: 312-996-3910

Email: tmehta@uic.edu

Website: <https://www.psych.uic.edu/research/lab-directory/access-for-mental-health>

Erin Berenz, PhD in Clinical Psychology

Assistant Professor, Clinical Psychology Department

University of Illinois at Chicago

Office Phone Number: 312-355-0808

Email: eberenz@uic.edu

Website: <https://chatlab.wixsite.com/uichicago>

Dana Rusch, PhD in Clinical Psychology

Assistant Professor, Psychiatry Department

University of Illinois at Chicago

Office Phone Number: (312) 413-1708

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